

WARNING

You must return this paper with your answerbook, otherwise marks will be lost.

EXAM NUMBER

FOR EXAMINER

Section A
Total Mark



Coimisiún na Scrúduithe Stáit State Examinations Commission

JUNIOR CERTIFICATE EXAMINATION 2012**HOME ECONOMICS****HIGHER LEVEL**

FRIDAY 15 JUNE – AFTERNOON 2.00 – 4.30

Total Marks 300**CENTRE STAMP**

INSTRUCTIONS TO CANDIDATES

1. SECTION A - 80 marks.
Answer 20 (twenty) questions from Section A. All questions carry equal marks.
2. *Answer the questions in the space provided.*
3. The completed answer sheets for Section A must be returned to the examination superintendent.
4. SECTION B - 220 marks.
Answer 4 (four) questions from Section B. All questions carry equal marks.

SECTION A

80 marks

Answer 20 (twenty) of the following questions. All questions carry equal marks.

1. Suggest **four** factors that could influence a person's choice of food.

(i) _____

(ii) _____

(iii) _____

(iv) _____

2. Name **four** foods that are a good source of high biological value protein.

(i) _____ (ii) _____

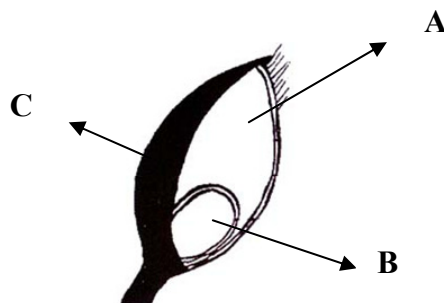
(iii) _____ (iv) _____

3. Identify the parts of the cereal grain labelled A, B, and C.

A _____

B _____

C _____



4. Name **two** food additives used in convenience foods.

(i) _____ (ii) _____

5. Suggest **two** foods suitable for **each** of the following cooking methods.

COOKING METHOD	FOOD
(i) Stir frying	(i) _____ (ii) _____
(ii) Poaching	(i) _____ (ii) _____

6. Give **two** effects of cooking on fish.

(i) _____

(ii) _____

7. List **four** marketing techniques used in supermarkets.

(i) _____

(ii) _____

(iii) _____

(iv) _____

8. Suggest **two** ways of saving money when shopping for a family.

(i) _____

(ii) _____

9. What information does this symbol give to the consumer?



Name **one** item on which it is found _____

10. Explain **each** of the following:

(i) **impulse buying** _____

(ii) **loss leader** _____

11. Give **four** guidelines that could be followed in order to promote healthy skin. **OVER** →
- (i) _____
 - (ii) _____
 - (iii) _____
 - (iv) _____
12. Explain **each** of the following:
- (i) **embryo** _____

 - (ii) **fertilisation** _____

13. Give **four** reasons why leisure is important for teenagers.
- (i) _____
 - (ii) _____
 - (iii) _____
 - (iv) _____
14. How can **each** of the following be prevented?
- (i) **body odour** _____

 - (ii) **tooth decay** _____

15. List **four** items suitable for composting.
- (i) _____ (ii) _____
 - (iii) _____ (iv) _____

16. What actions should be taken in the event of a gas leak in the home? _____

17. Give **two** benefits of insulation in the home.
- (i) _____

- (ii) _____

18. Describe a suitable first aid procedure that should be followed when a person is choking.

19. Explain **each** of the following fashion terms:
- (i) **accessories** _____

- (ii) **fashion trends** _____

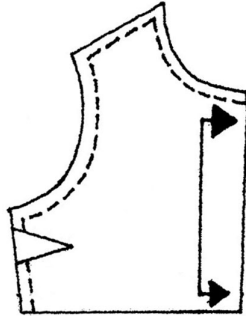
20. List **four** functions of clothing.
- (i) _____
- (ii) _____
- (iii) _____
- (iv) _____

21. Give **two** ways in which yarn can be made into fabric.

(i) _____

(ii) _____

22. Explain the function of any **one** of the pattern markings shown in the diagram.



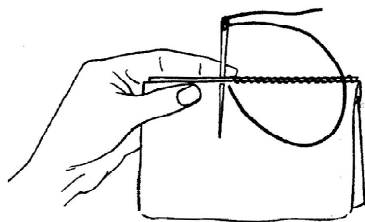
Function _____

23. List **four** properties of textiles that are suitable for children's clothing.

(i) _____ (ii) _____

(iii) _____ (iv) _____

24. Name the stitch shown in the diagram and suggest **one** use for it.



Use _____

Stitch _____

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HOME ECONOMICS

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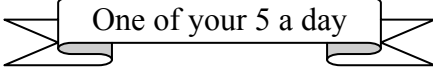
SECTION B **(220 MARKS)**

INSTRUCTIONS TO CANDIDATES

Answer **4 (FOUR)** questions from this section.
All questions carry equal marks.

SECTION B
220 MARKS

1. The following information is displayed on the label of Fruit Smoothie Drink.

<i>Fruit Smoothie Drink</i>			
<i>Apples and Berries</i>			
NUTRITIONAL INFORMATION			
GDA for a typical adult			
Typical value per 100ml serving			
Energy	56 kcal	2000kcal	INGREDIENTS Pasteurised whole milk, apples, raspberries, strawberries, blueberries.
Protein	0.4g		
Carbohydrate	14.0g	90g	
Fat	3.0g	70g	
Fibre	0.6g	35g	
Vitamin C	40.0mg		
<i>Use within 2 days of opening</i>			

- (a) Evaluate the nutritive value of the Fruit Smoothie Drink.
- (b) (i) What is meant by the term *whole milk*?
- (ii) Why is milk pasteurised?
- (c) Explain the term **GDA**.
- (d) This drink contains '*one of your 5 a day*'.
Suggest ways in which an adult can make up the recommended five-a-day.
- (e) Name **two** milk products, other than smoothies, that are available in supermarkets.
- (f) Give **two** uses of milk and **two** uses of fruit in food preparation.
2. (a) Give **three** reasons why breakfast is important.
- (b) List the guidelines that should be followed when planning a breakfast menu.
- (c) (i) Design **three** different breakfast menus suitable for a school going teenager.
- (ii) Give reasons for your choice of menus.
- (d) Suggest **four** healthy eating guidelines that should be followed to reduce the risk of obesity.

3. (a) (i) What is a consumer?
- (ii) Give **three** examples of services available to consumers.
- (b) Outline **four** consumer rights and **four** consumer responsibilities.
- (c) (i) Name **three** methods of payment that can be used when shopping.
- (ii) Give **one** advantage and **one** disadvantage of **each** of the **three** methods of payment you have named.
- (d) Name **one** consumer law **and** state how it protects consumers.
4. (a) (i) Give the definition of a family.
- (ii) Name and describe **three** different types of family.
- (b) State the functions of the family.
- (c) Suggest some ways in which family life can be affected either in a positive or in a negative way.
- (d) Give examples of (i) rights and (ii) responsibilities of family members.
- (e) Explain the terms (i) *stereotype* and (ii) *norm*.
5. (a) List the factors that should be considered when planning a sitting room.
- (b) Draw the floor plan of a sitting room, indicating the position of:
(i) the window(s), (ii) the door(s), (iii) the heat source, (iv) lighting and (v) furniture.
- (c) Outline the benefits of using a central heating system in the home.
- (d) (i) List **three** fuels used for home heating.
- (ii) Give **one** advantage of using **each** type of fuel listed.
- (e) Suggest **four** ways of saving energy when heating the sitting room.
6. (a) List the guidelines that should be considered when buying casual summer clothing.
- (b) Name a fabric you would choose for making a casual summer top and give **three** reasons for your choice.
- (c) Sketch **and** describe the casual summer top you would make.
- (d) Suggest a seam finish that you could use when making this garment.
- (e) What information should be included on a care label that could be attached to the casual summer top you have made?

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